



MATERNITY PLAN OR WISHES AT BIRTH

Thinking and discussing about childbirth with your partner provides good preparation for childbirth.

The purpose of the birth plan is to find out your thoughts and expectations in order to provide the best care and assistance in the maternity hospital.

Your wishes and thoughts about childbirth

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Your thoughts on breastfeeding

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Your expectations for pain relief

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Your previous childbirth experiences

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What lectures/courses have you attended for childbirth?

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What other preparation have you had?

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Your thoughts on vaccinating your newborn at the maternity hospital

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Other wishes

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Name:

Date:

