



LTKH	Naistekliinik
Tähis:	Vorm

CAESAREAN SECTION

Informed consent form

*Patient name
sticker*

Caesarean section is a surgery to deliver a baby. It is necessary when vaginal birth or continuing to give birth vaginally would put a mother or a baby at risk. If the risks are known before the delivery, then the caesarean section will be scheduled before labour. If the risks appear during labour and other methods are not helpful, an emergency caesarean is performed.

Caesarean section is done either under general anesthesia (then the woman is asleep) or with a spinal block ("back injection", then the woman is awake).

An incision of 12-15 centimetres is made through the mother's lower abdomen. Without any complications the operation lasts under an hour.

Usually a support person is not allowed into the operating room.

Caesarean section is an abdominal surgery and it could have potential complications for the woman and the baby.

Possible complications and its statistics:

- Uterine infections and wound infections (5-10%)
- Maternal death (3-5 times higher than during vaginal delivery)
- Greater blood loss and need for a blood transfusion (10%). Emergency hysterectomy in case of life threatening bleeding (1%).
- Possible newborn trauma (-0,5%)
- Injuring other organs (bladder, colon, urethra) and blood vessels (-0,3%)
- Complications due to anesthesia or allergies to medicines (0,5:1000)
- Amniotic fluid embolism (pulmonary embolism) occurs in - 1: 10000
- Prolonged hospital stay and time for adaption for the woman and the newborn.

The indication for your caesarean section is:

A consultation on the choice of anesthesia is done by an anesthesiologist.

Caesarean section is only performed on your approval.

I am familiar with possible complications and I agree to the caesarean section.

Patient _____
(First and last name, personal identification code) (Signature)

Physician _____
(First and last name, impression of seal, signature)

Date _____